

ROTARY CLUB OF KARACHI



Rotary Buzz



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Editor: Rtn. Nowsherwan G. Irani

Message from the President of Rotary Club of Karachi 2011-2012 Mr. Masood Ahmed Shaikh



As I pen down this first message as a President of this club, I am very excited and thrilled to learn about the various programs our committees have chalked-out for the entire year! With the advent of Rotary New Year I am confident that I will be working with a great and dedicated team who will serve the community and leave no stone unturned for achieving our objectives of

Service Projects, Membership Development, Club Administration and Public Relations. All of us in Rotary are looking to change the world and make a difference otherwise why else would we be Rotarians? We believe that our world can be happier, healthier, more peaceful and that we can create that better world through our service.

This year the theme suggested by the Rotary International President, Mr. Kalyan Banerjee, is that each Rotarian has to **Reach Within to Embrace Humanity**. He said "I will ask you to search first within yourselves, to understand that all of us, everywhere, have the same dreams, the same hopes, the same aspirations, and similar dilemmas. When we understand, and truly feel, that others' needs are the same as our own, we begin to understand how important our work is". In the year ahead, we will have three emphases in our Rotary service.

Our first emphasis in this Rotary year will be the **family**. The family and the home are at the core of all our work – all our service begins here. And through the family, we approach all of our community and indeed, all of humanity, as an extended family, in which all members care for

each other. In times of joy and in times of need, no one is ever alone.

Our second emphasis will be **continuity** – finding the things we do well and taking them to the next level. We must build on our successes, expand on them, and strive to do even more. Of course, our greatest obligation is to Polio-Plus, where success is now so close.

And our third emphasis will be **change**. We must understand that true change can only begin with each of us, and start within us. We cannot share peace with others if we do not have it to give. We cannot look after the whole world without first looking after those closest to us: our families, our clubs, and our communities.

So let us join hands together for making this year a truly inspiring and successful milestone in our Rotary's journey! I pray to Almighty to provide us strength to achieve our objectives.

God Bless – Yours in Rotary

Masood Ahmed Shaikh

Board of Directors – 2011-2012



(Left to Right) PP. Najamul Ain Khan, PDG. Akhtar K Alavi, Dr. Saira Sehr Khan, Rtn. Saleem Zamindar, Hon. Joint Sec. Robin Mitha, Hon. Treasurer Muhammad Aslam, IPDG Shahab Balkhi, President Masood Ahmed Shaikh, Vice President Anjum Pervez Qureshi, Hon. Secretary Dr. Feroz Ismail, IPP. S.M. Ehtishamullah, PP. Khalid Gulzar, Rtn. Syed Ali. (On Leave) PP. Shiraz Sachedina, PP. Masood Ahmed Bhalli & PE. Aziz Merchant.

HUMAN ASPECTS OF A WORKPLACE – SUSTAINABLE EMPLOYMENT

BY DR. ZSUZSANNA FAJCSAK



Have you ever wondered what are the aspects that keep employees in one place and how can one company have a strong and solid work force, where they all grow together as a happy family? What are the key ingredients that keep people working in one place and retire from that job? And just how many companies like that do you find in the world?

The usual workplace struggles with high medical leaves and inefficiency where mostly employees are there for a job, dragging their days and getting into all sort of addictions to compensate for the "wrong" job they are doing, the "wrong" relationship and living a life what feels for them is someone else's choice. And that's when you look at the rate of degenerative disease today and there is no wonder why it is so high! The obesity, diabetes, heart disease and cancer rate where "the

feeling blue" or being sad and depressed is laying as emotional root cause. Today 80% of doctor's visits are due to depression and 80% people are untreated and think about their condition as personal weakness!

Sustainable employment begins with pairing-up the person with the work they enjoy to do. Helping those with coaching who don't belong to your company to find their own path and hire on "work passion" base.

Keeping employees inspired begins with caring for the human, where any feedback must be given only when after an acknowledgment. Paying attention to the people doing the right thing and empowering them to solve problems in a way just like they are owners of the company.

Appreciation and mode of delivery as far as communication concerns has to become the highest priority to keep such company culture where people are working form passion and fundamental values are honesty. Paying attention to the employees personal life is another important aspect so the company becomes a happy family

Appropriate rest time during the day to recover the mind is a must to bring optimal efficiency at work. Physical exercise, yoga and breathing meditations are tools what can be used easily at work when the culture concerns human beings and focuses on efficiency.

When you feel you play all day, your profession will become your hobby and you will have satisfaction at the end of the day!!



ROTARY CLUB OF KARACHI

ROTARY LEADERSHIP INSTITUTE

– Pakistan and Afghanistan Division was formed in summer of 2009 by District 3270 (now 3271) with a view to provide the Rotarians knowledge and skills for leadership development. The basic objective of the Rotary Leadership Institute (RLI) is to provide an educational opportunity for the Rotarians identified as potential leaders by their club presidents. Each club president is asked to nominate club members as potential club leaders (not necessarily future presidents). The RLI training session is divided into three parts

which provide the nominees to foster their Rotary knowledge and leadership skills. It is aimed that these courses will motivate the participants to be enthusiastic, creative and dedicated Rotarians. The RLI Courses and materials reflect the most innovative and participatory methods possible. Methods include discussion groups, role-playing, problem solving workshops, group planning exercises, etc. The objective is to make a better Rotarian, ready to 'Service above Self'.

The RLI Course Part I and Part III were simultaneously held on July

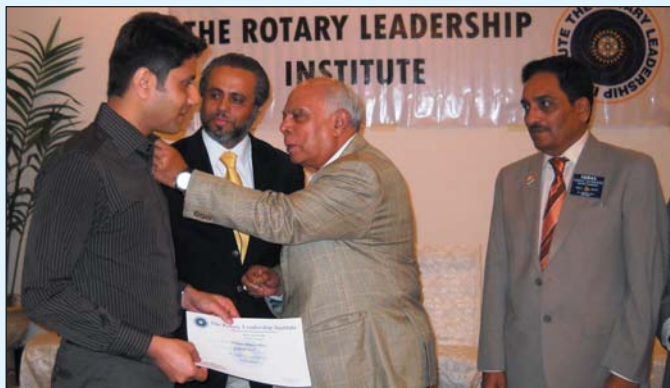
10, 2011 at Hotel Carlton, Karachi. 21 participants from various clubs attended Part I Course. RCK's participation in Course Part I was made by Rtn. Aliya Ahmed, Rtn. Khurram Ali and Rtn. M. Zeeshan Merchant.

Rtn. Saleem Zamindar successfully graduated after attending the RLI Course Part III and was thrilled to share his experience and he encouraged the Rotarians to attend this RLI course to enhance their knowledge about the Rotary itself and to learn to serve the Humanity better!!



Seating from left: Kamal Mustafa, DGE Jalal Shaikh, Khalid Shah, IPDG Syed Shahab Balkhi, PDG Faiz Kidwai, DG Iqbal Qureshi, PDG Dr. Ali Akhtar, PDG A.A.M. Mohsin, Shireen Kamal and Dr. Sabiha Essa. Standing: Dr. Farhan Essa, Khurram Ali, Saman Khalil, Atiqua Vally, Dr. Samiuzzaman, Qazi Ayazuddin, Tariq Mehmood Arain, Jawwad Saeed, Muhammad Ali Yousuf, Zeeshan Merchant, Dr. Fahmida Khatoon, Fared Ahmed, Arif Siddiqui, Aliya Ahmed, Asif Hussain, Mohammad Sabir, Jamsheed Badr Zahidi, Mohammad Shahid and Dr. Naseer Ahmed Sheikh.

ROTARY CLUB OF KARACHI



RLI PHILOSOPHY: "Having leadership skills does not alone assure good Rotary leadership. An effective Rotary leader must ALSO have Rotary knowledge, perspective about where Rotary has been, where it is now going and a vision of what Rotary can be."

Birthday Greetings:

Rtn. Abdul Malik Shaikh... 12th July
Rtn. Dr. Shahzad Arshad... 15th July



Anniversary Greetings:

Rtn. Syed Feroz Shah 16th July
Rtn. Rahat Alam 17th July



Bulletin Committee:

Chair : Rtn. Nowsherwan G. Irani
Members : Rtn. Saleem Zamindar, Rtn. Aliya Ahmed, Rtn. M. Zeeshan Merchant